



YOUR MENTAL HEALTH

Psychological Wellness Resources

for coping with all the demands of medical school.

REACH OUT TO THE PROFESSIONALS - GET 24/7 ASSISTANCE

**Wayne State University
Department of Psychiatry**
<https://psychiatry.med.wayne.edu/patient-care>
Tolan Park Outpatient Clinic
3901 Chrysler Service Drive, Ste 3B
Detroit, MI 48201
Phone: 313-577-1396

**The Imagine Center for
Psychological Health**
<https://theimaginectr.com>
4160 Woodward Avenue
2nd Floor
Detroit, Michigan, 48201
Phone: (313) 656-4052

**Counseling and Psychological
Services (CAPS)**
<https://caps.wayne.edu>
Student Center Building
5221 Gullen Mall, Suite 552
Detroit, MI
Phone: 313-577-3398
After Hours: 313-577-9982

**Emergency Crisis
Intervention Center**
Detroit Receiving Hospital
4201 St. Antoine
Detroit, MI 48202
Phone: 313-745-2835

**Wayne State University
Psychology Clinic**
<http://www.clas.wayne.edu/psychclinic>
5229 Cass Ave. - Rands House
Detroit, Michigan 48202
Phone: 313-577-2840

**College of Education
Counseling Center**
<https://education.wayne.edu/counseling-clinic>
5425 Gullen Mall, 306 Education Building
Detroit, MI 48202
Telephone: 313-577-1681



**Supportive
Counseling**
your class counselors
have mental health
training to support
your progress through
medical school and
can discuss additional
referral treatment
options with you.

**Campus Health Center
(Medical and Behavioral
Health Services)**
<https://health.wayne.edu/our-services>
Campus Health Center
5285 Anthony Wayne Drive
Detroit, MI 48202
Phone: 313-577-5041



*As a student at Wayne State
University School of Medicine,
we encourage you to seek early
intervention to take care of your
own health as you also learn to
take care of others.*



*Information shared
during treatment is
confidential.*

*It is not shared with
the medical school and
cannot become part of a
student's academic file.*

LOCAL SERVICES

**Detroit Wayne Mental
Health Authority**
<https://www.michigan.gov/mdhhs>

**Macomb County Community
Mental Health**
<https://www.mccmh.net>

**Oakland Community
Health Network**
<https://www.oaklandchn.org>

**Washtenaw County Community
Mental Health**
<https://www.washtenaw.org/839/Community-Mental-Health>