

day 1 biochem fa/step up 75?	day 2 resp fa/step up 75?	day 3 cardio fa/step up 75?	day 4 renal fa/step up 75?	day 5 heme fa/step up 75?	day 6 neuro fa/step up 75?	day 7 GI fa/step up 75?	day 8 musculoske fa/step up 75?	day 9 endo fa/step up 75?	day 10 reproduct fa/step up 75?
day 11 genet/nutr fa/step up 75?	day 12 psych/stats fa/step up 75?	day 13 pharm fa/step up 75?	day 14 immuno fa/step up 75?	day 15 micro fa/step up 75?	day 16 micro fa/step up 75?	day 17 resp fa/step up 75?	day 18 cardio fa/step up 75?	day 19 renal fa/step up 75?	day 20 heme fa/step up 75?
day 21 heme fa/step up 100?	day 22 endo fa/step up 100?	day 23 GI fa/step up 100?	day 24 musculoske fa/step up 100?	day 25 repro fa/step up 100?	day 26 neuro psych fa/step up 100?	day 27 immuno path fa/step up 100?	day 28 micro fa/step up 100?	day 29 biochem 100?	day 30 embryo/anat fa/step up 100?
day 31 review 150?	day 32 practice exam onsite	day 33 review 150?	day 34 review 150?	day 35 review 150?	day 36 review 150?	day 37 review 150?	day 38 review 150?	day 39 review 150?	day 40 EXAM!

My day started at 8:30am. I read first aid and step up until noon, had lunch, and then started again at 12:30. I studied until about 5:00pm had dinner and relaxed for a little bit and then studied again until about 10. Obviously this schedule was modified for occasional breaks and Tiger's games. Some days I studied a bit more, others a bit less. It was nice to be on a schedule though, and to know what I had to get through each day. The questions I did came from usmleworld.com and from the First Aid question book as well as Appleton and Lange. I did the best I could with getting through them, but remember, its better to do them a little slower and to LEARN from them rather than rushing through them. All in all though, I did over 3500 questions and it helped SOOO MUCH! I integrated the questions into my day also to break up studying a bit. Modify the schedule to fit your needs! Good luck!