



Service Category: Mentoring/Outreach

Name of Organization: Ruth Ellis Center / LGBT People in Medicine

Student verifying Co-Curricular hours: Sandhya Krishnan

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Contact Person(s) for Co-Curricular Name: Laura Hughes

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<http://www.med.wayne.edu/studentorgs/lgbtpm/>

Faculty Advisor: Dr. William Kupsky

Description/Duties:

The Ruth Ellis Center is a safe haven for runaway, homeless and at-risk LGBT teens in the Metro Detroit area. We hope to make a difference in these kids' lives by educating them about various topics and by showing them that we care about their future. Ultimately, we would like to assist the Ruth Ellis Center in getting the youth away from high-risk behavior in the streets to a more stable, safe environment.

There are two different sites for volunteering: The Drop-in Center and Ruth's House. The Drop-in Center is a day to day safe environment for homeless teens to get something to eat and hang out with friends. Ruth's House is a temporary home for up to 10 teens at a time.

Co-curricular students will be mentoring at Ruth's House in the following topics:

- Smoking cessation
- Substance abuse – addiction, alcohol and illicit drug use
- Relationship violence
- HIV prevention and treatment
- General health Q&A
- Stress Management
- Recommend internet sites resume building and job searching
- Academic Tutoring

Students not in the co-curricular program can mentor at the Drop-in Center in the following topics:

- Academic Tutoring
- Resume building and job searching
- Recreational activities (games)

Commitment: 2 hours a month, in evenings after 6pm.

Number of student that can be accommodated for volunteering annually __10
at each site__

Activities for Medical Students:

- Opportunity to communicate health education information to clients/patients.
- Tutoring
- Teaching life skills to youth in the residential center