



**Category:** Outreach - Mentoring

**Name of Organization:** \_ROCK- Raising Our Community's Knowledge\_\_

**Website:** [www.raisingknowledge.org](http://www.raisingknowledge.org)

**Name of Person verifying Co-Curricular hours:** **Jakub Sikora-Klak**

**Email:** [jsikorak@med.wayne.edu](mailto:jsikorak@med.wayne.edu)

**This program is able to accommodate 3-4 students per session.**

**Activities:** ROCK focuses on delivering public health information to high-risk audiences in the Detroit area. The goal is to educate patients on their diseases, and the risk factors for obtainable illnesses, while promoting healthy living. Annually 10 presentation about 30-90 minute are held during health fairs and other venues. Students are responsible for the creation of the presentation, the delivery, the planning of an event or all three. Presentations count for 2 co-curricular hours.

**Volunteer Commitment: Flexible days and hours.**

**Activities for Medical Students:**

Observing Agency/Organization staff interacts with clients/patients.  
Opportunity to communicate health education information to clients/patients.  
Conduct a health screening.  
Other: Organizing patient panels or talks. Creating health care presentations.