

# Humanistic Medicine (HuMed) Co-Curricular Program

Art in medicine is explored through relationships, philosophy, psychology, literature, artwork, and music. The HuMed program advocates focusing on the patient as a person rather than just a biological disease that requires treatment. Therefore our activities foster consideration of systems biology and preventive practice. Shadowing alternative medicine practitioners as well as participating in student-led classes/seminars will expose you to aspects of patient care beyond the conventional standards of today.



**75 Required Hours** to be accomplished within 5 to 12 hours per month from August thru April 30th

## CO-CURRICULAR Seminars and HuMed Student-led classes

- Five Co-curricular lunch seminars, HuMed or seminars offered (1 hr each)
- One Required Saturday Seminar (3 hrs)
- Two Student-led HuMed classes (1 hr each)
- One Documentary Viewing (3 hrs)

**AND**

- One HuMed Retreat (2 hrs)  
Or
- Two HuMed Reflections (1hr each)

**15 HOURS TOTAL**

## COMMUNITY Volunteering

- **30 hours in each of the following categories:**

- 1) Clinics-Shadowing alternative health care practitioners from approved list. **MINIMUM 10 hrs** with at least 3 different practitioners, **MAXIMUM 20 hrs**

AND

Other Clinical opportunity on co-curricular website (**MINIMUM 10 hrs**)

- 2) Outreach  
**Minimum 10 hrs - maximum 20 hrs:**
  - HuMed Pre-Med Mentoring Program  
*AND/OR*
  - HuMed Outreach options (e.g. Oakwood Hospital Center for Exceptional Families, and others)

AND

Other Outreach opportunities on co-curricular website (**MINIMUM 10 hrs**)

**TOTAL HOURS PER YEAR: 75**