



Service Category: Outreach

Name of Organization: American Indian Health & Family Services (AIHFS) of Southeastern MI

Name of Person verifying Co-Curricular hours: Beth Stallman

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Off site location Contact Person(s) for Co-Curricular Name: Nickole Fox

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Website: <http://www.aihfs.org/>

Faculty Advisor: Drs. Wilhelmine Wiese and Felix Valbuena

This program is able to accommodate unlimited number of students

Description:

Volunteers are needed to help with the Healthy Start Program to promote the development of community-based maternal and child health programs, particularly those addressing the issues of infant mortality, low birth weight and racial disparities in perinatal outcomes. Opportunities include monthly play groups with children, organizing an education series and accompanying nurses during home visits. Additionally, volunteers may help in an after school mentoring and tutoring program for youth and a diabetes education class for adults, help plant, maintain and harvest the AIHFS garden and participate in numerous community outreach events like health fairs, cooking classes and wellness gatherings.

Commitment: Monday through Saturday any time

Activities for Medical Students:

Observing Agency/Organization staff interacts with clients/patients.

Opportunity to communicate health education information to clients/patients.

Conduct a health screening.

Tutoring adults and or children

Special Projects Healthy Start