



## WSU SOM Co-Curricular Volunteer Opportunities

### [Aesculapians](#)

[www.med.wayne.edu/aesculapians/index.asp](http://www.med.wayne.edu/aesculapians/index.asp)

**Sarah Earle, Taemyn Hollis**

[searle@med.wayne.edu](mailto:searle@med.wayne.edu)  
(586) 201-7681

[thollis@med.wayne.edu](mailto:thollis@med.wayne.edu)  
(616) 340-0591

Faculty Advisor: Dr. Matt Jackson & Dr. Diane Levine

**Person verifying Co-Curricular hours:** Jill Kremer - [jkremer@med.wayne.edu](mailto:jkremer@med.wayne.edu)

**Opportunities:** Volunteer at various scheduled events with different organizations throughout the city of Detroit. Example: fixing meals at Ronald McDonald House; serve meals at Capuchin Soup Kitchen; work in Earthworks garden; prepare shipments to local food banks at Gleaners, etc.

**Time Commitment:** T, W, Th, F, Sat, or Sun  
**Preferred Hours:** prior to noon, noon-5pm, 5-8pm

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### [AMA \(American Medical Association\) Individual Advocacy Program](#)

[www.amadetroit.org](http://www.amadetroit.org)

**David Dornbos III** - [ddornbos@med.wayne.edu](mailto:ddornbos@med.wayne.edu)

(616) 915-8560

**Person verifying Co-Curricular hours:** David Dornbos III

**Opportunities:** Students will be able to actively lobby local, state, and federal legislators in an attempt to become more involved with medical legislation. This program will involve meeting with legislators, letter writing, and attending rallies within greater Detroit and Lansing. Students will have an excellent avenue to make their voice heard in health care reform and public health initiatives.

**Time Commitment:** Hours and days will vary depending on the event, and hours will be fluctuating. All events will be pre-approved directly by Dr. Mendez.

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### **AMA Healthy Detroit Youth Initiative**

[www.amadetroit.org](http://www.amadetroit.org)

**David Dornbos III** - [ddornbos@med.wayne.edu](mailto:ddornbos@med.wayne.edu)

(616) 915-8560

Faculty Advisor: Dr. Herbert Smitherman

**Person verifying Co-Curricular hours:** David Dornbos III

**Opportunities:** The Healthy Detroit Youth Initiative is a project designed to improve the healthiness of the lifestyles of Detroit's children. Students will engage middle-school children in the classroom in an effort to promote healthy diets and active lifestyles and will attend parent-teacher conferences to encourage the parents of Detroit's youth to become more involved in the child's health. By focusing on health and wellness education in the youth of Detroit, students will be able to make a positive impact on the health of Detroit's future leaders.

**Time Commitment:** Daily including weekends.

**Preferred Hours:** Hours will vary some occur Prior to noon, others continue till 8pm

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### **AMA-APAMSA Health Fairs**

[www.amadetroit.org](http://www.amadetroit.org)

**Taylor Lebeis** - [tlebeis@med.wayne.edu](mailto:tlebeis@med.wayne.edu)

(248) 890-1199

**Person verifying Co-Curricular hours:**  
**David Dornbos III** - [ddornbos@med.wayne.edu](mailto:ddornbos@med.wayne.edu)

**Opportunities:** The health fairs provide an opportunity for medical students to interact with the underserved patient population of the metro Detroit area. In these fairs students are able to perform basic physical diagnostic techniques including blood pressure collection, total cholesterol check, and BMI determination. In addition, students will assist with physician consults and counsel patients on the U.S. Preventative Services Task Force (USPTF) recommendations of no smoking. These events will be held at various churches and community centers within the greater Detroit area.

**Time Commitment:** These events will primarily occur on Saturdays mornings and early afternoons. However, there may be times in which these health fairs may occur on weekdays as well. Hours will occur on a fluctuating basis.

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### **American Cancer Society**

**Sabrina Kumar** - [Sabrina.kumar@cancer.org](mailto:Sabrina.kumar@cancer.org)

(248) 663-3489

**Person verifying Co-Curricular hours:** [Dr. Mendez](#)

**Opportunities:** Communicate health education information at health fairs and support groups. Community resource person or office volunteers etc. Special Project: Making Strides against Breast Cancer: Volunteer the day of the event.

**Time Commitment:** A student can volunteer any day during the week from 8:30 am -5pm, specific time commitment depends on the volunteer activity.

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### **American Red Cross Blood Drives**

**Jeremy Taliercio** - [italierc@med.wayne.edu](mailto:italierc@med.wayne.edu)

(810) 625-3906

**Person verifying co-curricular hours:** Katharine George - [kgeorge@med.wayne.edu](mailto:kgeorge@med.wayne.edu)

**Opportunities:** Students participating in the Red Cross blood drives will be responsible for conducting the following tasks:

1. Managing donor registration
2. Observing donors and providing them with snacks and drinks after donation.
3. Assisting staff with registration and caring for donors after blood donation

**Time Commitment: M, Tu, W, TH and F** - Drives may be held on any weekday pending cafeteria availability.

**Preferred Hours: Prior to Noon; Noon – 5pm.** Students will be able to volunteer in two hour shifts between 11:00 am and 5:00 pm. There will be two students per shift for a maximum of 12 hours of co-curricular credit assigned per drive.

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### **Amigos Medicos**

**Noelle Nelson** - [nnelson@med.wayne.edu](mailto:nnelson@med.wayne.edu)

**Opportunities:** Understand and meet the health and wellness needs of the medically underserved Hispanic community by attending sessions on cultural issues and practicing language skills at Covenant House during bilingual health care sessions. Seminar catering.

**Time Commitment:** TBA

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### **APAMSA (Asian Pacific American Medical Student Association)**

**Kevin Lam** - [klam@med.wayne.edu](mailto:klam@med.wayne.edu) or at the clinic contact **Shenlin Chen**

(313) 831-3613 [acacenterdir@ameritech.net](mailto:acacenterdir@ameritech.net)

**Faculty Advisor:** Dr. Renado Roxas

**Person verifying Co-Curricular hours:** Kevin Lam

**Opportunities:** Students are responsible for taking blood pressures, calculating BMI's, and collecting blood glucose and cholesterol levels for interpretation by a consulting physician. Opportunities exist for translation.

**Time Commitment:** Saturdays and/or Sundays

**Preferred Hours:** Noon – 5pm

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## **ARIE**

**Heather Bowman** - [hbowman@med.wayne.edu](mailto:hbowman@med.wayne.edu)

**Taylor Lebeis** - [tlebeis@med.wayne.edu](mailto:tlebeis@med.wayne.edu)

**Leanne Lawwell** - [Llawwell@med.wayne.edu](mailto:Llawwell@med.wayne.edu)

**Manjiree Karandikar** - [mkaradin@med.wayne.edu](mailto:mkaradin@med.wayne.edu)

(313) 966-0254 or (248) 227-6846

Faculty Advisor: Dr. Katherine Ling-McGeorge

**Person verifying Co-Curricular hours:** Heather Bowman

**Opportunities:** The ARIE Foundation is an outreach program dedicated to helping kids in Children's Hospital of Michigan through play. Four or five members per week visit the children, play games, and give out donated prizes. Volunteers will be working with terminally ill children.

**Time Commitment:** Thursdays      **Preferred Hours:** 5-8pm

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## **BMA (Black Medical Association) Reach Out to Youth- ROTY**

**Kenneth Dorsette** - [kdorsett@med.wayne.edu](mailto:kdorsett@med.wayne.edu)

**Person verifying Co-Curricular hours:** Kenneth Dorsette

**Description/Duties:** ROTY targets Detroit Public School students underrepresented in the sciences and the medical field, specifically those of African-American, Latin American, and Native American decent. Students aged 6-11 are invited to the School of Medicine for a daylong workshop program taught by medical students and faculty. ROTY strives to raise awareness about the medical profession and motivate student interest in the sciences. Opportunity to communicate medical careers to students aged 6-11. Teach kids aged 6-11 medical school subjects like Anatomy, Physiology etc.

**Time Commitment:** 1 - 6 hours on event day and 1-3 hours day before event day

**Date:** Saturday, February 13th      **Preferred Hours:** 8:45 am – 2:00pm

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## **BMA: S.A.Y. ( Super All Year) Detroit Clinic**

[www.saydetroit.org/](http://www.saydetroit.org/)

**Jennifer Butler** - [jbulter@med.wayne.edu](mailto:jbulter@med.wayne.edu)

Clinic's phone number is (313) 869-8569, Ms. Yvonne Harper  
Primary physician: Dr. Richardson

**Person verifying Co-Curricular hours: Kenneth Dorsette** - [kdorsett@med.wayne.edu](mailto:kdorsett@med.wayne.edu)

**Opportunity:** The city's first ever free medical clinic dedicated solely to homeless children and their mothers. Operated in cooperation with Detroit Rescue Mission Ministries and located at 211 Glendale, Highland Park, the new S.A.Y. Detroit Children's & Women's Clinic will be open 7 days a week, 24 hours a day, as a place where homeless families can seek basic medical attention.

The clinic will be operated, in its initial stage, with a staff of nurse practitioners and on-call physicians - including a pediatrics specialist, OB/Gyn specialist, and a nutritionist - to attend to basic medical needs and testing of homeless children and mothers, with a specific eye towards their most common problems.

**Time Commitment:** 1-4 hours Sunday – Saturday, 8am – 6pm (requires 24 hours notice before volunteering).

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### **BMA Gear Up Health Fair**

**Yolanda Scott** - [yscott@med.wayne.edu](mailto:yscott@med.wayne.edu)

**Person verifying Co-Curricular hours: Kenneth Dorsette** - [kdorsett@med.wayne.edu](mailto:kdorsett@med.wayne.edu)

**Opportunity:** Gear up Health Fair targets underserved minority students and their parents in Detroit for health resources, education and screening. The health fair will be located at the University of Michigan Detroit Center on Woodward. The University of Michigan supplies the families. The BMA donates volunteers and their time for the health fair.

**Time Commitment:** Saturday in April      **Preferred Hours:** 10 am – 2pm

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### **Cass Clinic**

[www.med.wayne.edu/cassclinic](http://www.med.wayne.edu/cassclinic)

**Charles Giles Smith III** - [chasmith@med.wayne.edu](mailto:chasmith@med.wayne.edu)

Scheduling  
3745 Cass Avenue

**Faculty Advisor:** Dr. Robert Sherwin

**Person verifying Co-Curricular hours:** [Evan Sell](mailto:esell@med.wayne.edu) - [esell@med.wayne.edu](mailto:esell@med.wayne.edu)

**Opportunities:** Cass clinic is a Saturday morning clinic that provides opportunities for WSU medical students to gain true "hands-on" experience in procedures and patient care under the guidance of an attending physician. The clinic focuses primarily on providing medical care to the medically indigent population living in the university/medical center area.

**Time commitment:** Saturday      **Preferred Hours:** Prior to Noon

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**CMA** (Christian Medical Association)

**Paul Judge** - [pjudge@med.wayne.edu](mailto:pjudge@med.wayne.edu)

(269) 921-4426

**Faculty Advisor: Dr. Jack Ebright**

**Person verifying co-curricular hours: Paul Judge**

**Opportunities:** The Christian Medical Association is a national professional organization of physicians and students who work to demonstrate kindness and grace to their surrounding communities. While spiritual development is of principle priority, the resultant passion for service produces practical expression of love and care. Students are encouraged to serve at Covenant Community Care where they may develop their skills in spiritual guidance as well as clinically. Other forms of service include homeless healthcare, church health screenings, and summer medical missions. All things are done for the glory and honor of our Lord Jesus Christ.

**Time commitment:** *M, T,W, TH, F, Sat or Sun* **Preferred Hours:** Noon – 5pm, 5-8pm

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### **Code Blue**

**Marissa Dean** - [madean@med.wayne.edu](mailto:madean@med.wayne.edu)

(517) 285-0105

**Person verifying Co-Curricular hours: Marissa Dean**

**Opportunities:** Teaching elementary/middle school students issues dealing with health. In order to verify the hours, each student will need to have his assigned teacher sign his log sheet, which will verify that the student met with the classroom on that particular day. This log sheet will then be turned into me, Marissa Dean, in order to verify that the hours claimed by the student match the log sheet.

**Time Commitment:** Each student will meet with their assigned classroom for 12 visits, with each lasting one hour. Students will also be given one hour to prepare for ten visits, since the first and last visits will be scheduled and planned by the coordinators.

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### **Covenant House**

**Mary Bindas** - [mbindas@covenanthouse.org](mailto:mbindas@covenanthouse.org)

(313) 463-2014

**Person verifying Co-Curricular hours:** Michelle Smith - [msmith@med.wayne.edu](mailto:msmith@med.wayne.edu)

**Opportunities:** Covenant House – gives students the opportunity and responsibility to make an

immediate, positive difference through tutoring and mentoring youths aged 18-22. This provides a long-term benefit toward the health and welfare of the struggling homeless and adolescent population of Detroit.

**Time Commitment:** Tuesdays **Preferred Hours:** 5-8pm

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### **FuncMed**

TBA

**Faculty Advisor(s):** Dr. Richard Ng & Dr. Harsha Jayatilake

**Person verifying hours:** TBA

**Opportunities:** Event organization and scheduling. Design of the functional medicine curriculum. Host informal sessions. Inform/educate medical students in areas of reform in clinical & public healthcare, and advanced basic science research topics. Special Projects: Pre-med student mentoring and 'mindset' education for medical school.

**Time Commitment:** M, T,W, Thu, F and/or Sat

**Preferred Hours:** Noon to 5 pm depending on the activity

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### **Gleaners Community Food Bank**

[www.gcfb.org](http://www.gcfb.org)

**Alma Perez** - [aperez@gcfb.org](mailto:aperez@gcfb.org)

2131 Beaufait Street  
Detroit, MI

(313) 923-3535 ext 239

**Person verifying Co-Curricular hours:** Dr. Mendez - [jmendez@med.wayne.edu](mailto:jmendez@med.wayne.edu) per Ms. Perez

**Opportunities:** Volunteers pack and bag food items to feed individual and families in need; Opportunity to communicate health education information to clients; Observing Agency/Organization staff interacts with clients

**Time Commitment:** T, W, Thu, F, Sat and/or Sun

**Preferred Hours:** 9:00 am to noon OR 1:00 pm to 4:00 pm

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### **Islamic Medical Student Association**

**Mariam Qureshi** - [mqureshi@med.wayne.edu](mailto:mqureshi@med.wayne.edu)

**Sayeeda Fatima** - [safatima@med.wayne.edu](mailto:safatima@med.wayne.edu)

(810) 820-1417 (cell)

**Faculty Advisor:** Dr. Hasan Shanawani

**Person verifying Co-Curricular hours:** Mariam Qureshi

**Opportunities:** The activities include our bimonthly health screenings which will probably be held mostly likely on a Saturday morning or perhaps Friday afternoon. IMSA also organizes lectures during alternative months on medicine related topics including medical ethics, history of medicine, and non-medicine related topics such as a lecture in celebration of African American history month. IMSA will be participating in the Day of Dignity free health screenings Event is held every year during the fasting month therefore probably will be held sometime late August or early September. Lectures on medicine/medical ethics/ non-medical topics relating to time of the year.

**Time Commitment:** M, T, W, Thu, F and/or Sat

**Preferred Hours:** Prior to Noon or Noon – 5pm

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### **Jewish Medical Student Association**

**Erica Lewis - [Elewis@med.wayne.edu](mailto:Elewis@med.wayne.edu)**

(248) 860-1784

**Faculty Advisor:** Dr. Diane Levine

**Person verifying Co-Curricular hours:** Erica Lewis

**Opportunity:** Community service at Jewish food banks, and participate in various holiday activities with the underserved.

**Time Commitment:** To be determined

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### **Joy Southfield Clinic**

**Heather Thompson - [hthompso@med.wayne.edu](mailto:hthompso@med.wayne.edu)**

(231) 206-6318

**Faculty Advisor:** Dr. Silas Norman

**Person verifying Co-Curricular hours:** Heather Thompson or Alyson Bokshan - [abokshan@med.wayne.edu](mailto:abokshan@med.wayne.edu)

**Opportunities:** Students will volunteer to triage patients and take history (blood pressure, temperature, pulse, weight, chief complaint). They can also shadow the doctors there and will be included in the assessment of the illness. Students may be trained to take blood and perform flu vaccinations. Volunteers may also give dietary and fitness suggestions to patients at risk for diabetes and hypertension.

**Time Commitment:** Tues: 6-8, wed: 10-2, first and third Thu: 6-8 and second/fourth Sat: 10-2

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## **Pediatric Care Interest Group**

**Magalie Anthouard** - [maanthou@med.wayne.edu](mailto:maanthou@med.wayne.edu)

(248) 417-2857

**Faculty Advisor: Katherine McGeorge, MD.**

**Person verifying Co-Curricular hours:** Sara Kunz - [skunz@med.wayne.edu](mailto:skunz@med.wayne.edu)

**Opportunities:** PCIG holds bimonthly Saturday Craft days at children's hospital. They are two hours each, and there are openings for six volunteers each Saturday, plus Sara and Magalie, the two coordinators.

**Time Commitment:** Saturdays and Sundays prior to noon and noon – 5 pm

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## **Project H: Clinic at Wayne County Family Services**

**Audrey Kam** - [akam@med.wayne.edu](mailto:akam@med.wayne.edu)

**Faculty Advisor:** Dr. Stellini

**Person verifying hours:** Audrey Kam

**Opportunity:** Lead and assist with monthly Adult and Pediatric Clinic at the Wayne County Family Center. Observing Agency/Organization staff interacts with clients/patients. Also communicate health education information to clients/patients.

**Time Commitment:** Mondays or Thursdays

**Preferred Hours:** 5 to 8 pm

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## **ReDetroit- Habitat for Humanity**

**Craig Bilbrey** - [cbilbrey@med.wayne.edu](mailto:cbilbrey@med.wayne.edu)

(810) 923-7865

**Faculty Advisor:** Dr. Walker

**Person verifying Co-Curricular hours:** Sara Kunz - [skunz@med.wayne.edu](mailto:skunz@med.wayne.edu)

**Opportunities:** Students will help with all aspects of house construction ranging from concrete pouring, wall assembly and roofing. Learn valuable skills and able providing a great service to the Detroit community. Provide the basic human need of shelter.

**Time Commitment:** Saturday Sessions run from 9am until approximately 4:30pm.

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## ReDetroit- St. Leo's Soup Kitchen

Craig Bilbrey - [cbilbrey@med.wayne.edu](mailto:cbilbrey@med.wayne.edu)

(810) 923-7865

**Faculty Advisor:** Dr. Walker

**Person verifying Co-Curricular hours:** Craig Bilbrey

**Opportunities:** Students will primarily prepare and serve food for approximately 200 recipients. Activities will include all aspects of food preparation, sorting food donations, putting out other clothing donations and helping with the physicians and dentists who volunteer their time on Saturday mornings. Provide the basic human need of food

**Time Commitment:** Saturdays - the sessions run from 9 am until 12:30pm.

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## RunDetroit

Melissa Mashni - [mmashni@med.wayne.edu](mailto:mmashni@med.wayne.edu)

**Faculty Advisor:** Joshua Evans

**Person verifying Co-Curricular hours:** Kristin Inger - [kinger@med.wayne.edu](mailto:kinger@med.wayne.edu)

**Opportunities:** Lead and participate in running activities with school children, while creating a safe environment for friendships and mentorship. Participate in other fitness activities with school children, such as running or jumping rope.

**Special Project:** Field day in Spring

**Time Commitment:** Mondays **Noon – 5pm**

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## STI/AIDS

Michelle Ubels - [mubels@med.wayne.edu](mailto:mubels@med.wayne.edu)

Erica Bechtel, Laura Otis, Rosie Iordanova

**Phone:** (513) 307-6094

**Faculty Advisor:** Dr. Jen Curtis

**Person verifying Co-Curricular hours:** Michelle Ubels

**Opportunities:** Medical students will give presentations in the Detroit Public Schools on STIs and AIDS. Presentations will last for two hours. Medical students will return for a follow-up game of Jeopardy with the DPS students.

**Time Commitment:** Monday, Tuesday, Wednesday, Thursday, and Friday, Prior to Noon

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**United Way of Southeastern Michigan**

<http://www.uwsem.org/>

**Randy J. Dillard** - [randy.dillard@liveunitedsem.org](mailto:randy.dillard@liveunitedsem.org)

212 Griswold Street  
Detroit, MI 48226-1899

(313) 226-9416

**Time Commitment:** Varies

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**Vista Maria**

**Jessica Heselschwerdt** - [jheselsc@med.wayne.edu](mailto:jheselsc@med.wayne.edu)

(734) 644-8339

**Person verifying Co-Curricular hours:** Jessica Heselschwerdt

**Opportunities:** Vista Maria is a home for adolescent girls with behavioral or family issues. As volunteers we plan and teach a cooking class once a month for the residents. The focus is on nutritious, simple, and affordable meals that they are able to cook for themselves once they leave Vista Maria to live independently. If volunteers are interested, there are opportunities to teach crafts or sports as well.

**Time Commitment:** Dates to be determined

**Preferred Hours:** 5-8pm

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**World Health Student Organization (WHSO)**

[www.med.wayne.edu/~whso](http://www.med.wayne.edu/~whso)

**Xhorlina Marko** - [xmarko@med.wayne.edu](mailto:xmarko@med.wayne.edu)

(248) 376-1959

**Faculty Advisor:** Dr. Jack Ebright

**Person verifying co-curricular hours:** Michael Koniuch - [mkoniuch@med.wayne.edu](mailto:mkoniuch@med.wayne.edu)

**Opportunities:** The World Health Student Organization at WSU-SOM is comprised of students whose mission is to gain rich medical and cultural experiences outside their immediate communities. It is our organization's goal to provide free medical care to under-served populations around the world, to volunteer at community outreach projects that serve the citizens of Detroit, and to teach our fellow students about global health through various speakers and seminars.

One of the biggest endeavors undertaken every year is to send students on medical relief missions over academic breaks. This is their chance to acquire a better understanding of health care needs of developing nations and to get exposed to clinical settings not routinely found in the United States. For the 2009-2010 school year, we will be sending students to Belize, Costa Rica, Honduras, and Ecuador in March and Nicaragua in December. We hope to help students help the world.

Intense home stay experience in another country while running a full clinic from scratch for an entire week during an academic break.

**Special Projects:**

- a. Local opportunity – Freedom House and Docs to Docks
- b. International opportunity – medical relief mission trips abroad

**Time Commitment:** Varies

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**Woodward Avenue Action Association (WA3) Clean the D**

[www.woodwardavenue.org](http://www.woodwardavenue.org)

**Nicole Brown** - [nicole@woodwardavenue.org](mailto:nicole@woodwardavenue.org)

(248) 288-2004

**Person verifying Co-Curricular hours:** Dr. Mendez - [jmendez@med.wayne.edu](mailto:jmendez@med.wayne.edu)

**Opportunity:** Roll up your sleeves and dig in to make a difference in our communities! Beautify the area by weeding flower beds, removing graffiti, picking up trash and more. Making the area cleaner and safer for residents and visitors.

**Time Commitment:** Ongoing. Upcoming is September 12th, 9am to noon in Highland Park